## PRAYING THE BIBLE

#### GOING DEEPER INTO A LIFE OF PRAYER

#### **METHOD 1**

- CHOOSE A SHORT PHRASE IN SCRIPTURE AND BEGIN TO SLOWLY PRAY THAT SCRIPTURE SILENTLY.
- FOCUS YOUR PRAYER TOWARDS THE SPIRIT OF GOD ALIVE WITHIN YOU.
- REMAIN ON A PHRASE AS LONG AS FEEL THE LORD'S PRESENCE ON IT. STAY WITH WHAT JESUS IS REVEALING UNTIL HE MOVES ON FROM THAT PHRASE.
- AS THE LORD MOVES, MOVE WITH HIM SLOWLY THROUGH THE NEXT PART OF THE PASSAGE OF SCRIPTURE.



### METHOD 2

- CHOOSE A SHORT STORY IN SCRIPTURE
- READ THROUGH THE STORY 3 TIMES QUIETLY.
- CLOSE YOUR EYES AND ACTIVELY SEEK TO CONNECT WITH THE SPIRIT OF GOD WITHIN YOU, ACKNOWLEDGE THE HOLY SPIRIT.
- USE YOUR IMAGINATION AND PLACE YOURSELF AS ONE OF THE CHARACTERS IN THE STORY. LET IT PLAY OUT IN YOUR MIND.
- ASK THE HOLY SPIRIT TO GIVE YOU FRESH REVELATION AND INSIGHT INTO THAT STORY; THE CHARACTERS, THEIR EMOTIONS, THE MESSAGE OF GOD WITHIN THE STORY, AND THE EMOTIONS OF THE LORD.

# THE GOAL: BEHOLD THE SPIRIT WITHIN YOU AND SEARCH FOR THE PRESENCE OF GOD INSIDE YOU

GENTLY PRAY A SHORT PASSAGE OF SCRIPTURE IN SILENCE AND FOCUS ON THE SPIRIT OF GOD WITHIN YOU

ONCE YOU FEEL HIS RPESENCE, YOU NO LONGER NEED TO CONTINUE TO FOCUS ON THE SCRIPTURE, FOCUS ON JESUS. (THE SCRIPTURE IS USED TO QUIET YOUR MIND AND DRAW YOU NEAR TO HIM.)

YOU WILL NOTICE HIS PRESENCE, IT'S ALWAYS BEEN THERE, BUT NOW YOUR ATTENTION IS ON IT! YOU ARE BEGINNING TO BE CONSUMED BY HIS SPIRIT.

YOU CAN REMAIN SILENT, SPEAK WORDS OF LOVE AND GRATITUDE, OR EVEN ASK THE SPIRIT TO SHOW YOU A VISION. ENJOY AND TAKE DELIGHT IN HIM,

AS HE TAKES DELIGHT IN YOU.